

Entering the Passion of Jesus – Lent Five
Time for Self-Reflection
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“After he had washed their feet, had put on his robe, and had returned to the table, he said to them, ‘Do you know what I have done to you? You call me Teacher and Lord—and you are right, for that is what I am. So, if I, your Lord and Teacher, have washed your feet, you also ought to wash one another’s feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them.’”

— John 13:12-16 (with references to Luke 22:14-27, John 13:1-16, 1 Corinthians 11:23-26)

Take some time to look at this artwork and place yourself “in the picture” by choosing any character in the painting. Contemplate the following questions:



What is your chosen character noticing in this moment? What does he or she hear, smell?

What can you imagine the character is thinking? How might he be feeling?

Why are they there? What can you imagine about what they were doing just before this moment, or what they might have done character noticing in this moment? What do they hear? What do they see? What do afterwards in response to being involved in this moment?

What would you have thought, felt, and done if you could paint yourself into the scene?

Spend some time praying this prayer from our worship:

Sometimes we just aren't paying attention.

We can keep our heads in the sand
when we really need to attend to difficult situations, or the needs
of your people.

Forgive us, O God.

Guard us from distancing ourselves,
and help us to care for what's right in front of us.

You enter the story of my life over and over.
May I have the courage to enter fully into the story
of your kin-dom on earth as it is in heaven. Amen.

And remember this assurance from our worship:

Know this: Our lives contain continual opportunities to be in
humble service to friends and strangers

You are forgiven and freed,
encouraged and loved
by the Creator who wants you to live fully.
Amen.

My thoughts and prayers: